



KNIGHTS OF COLUMBUS COUNCIL 7621

Tarpon Springs, FL

<https://www.kocignatius.org>

March 2023

MONTHLY NEWSLETTER

Vol 1 Issue 10



Fathers & Faith

The need could not be greater!

Fathers and families face serious challenges. The Knights of Columbus plays an important role in helping men become better fathers, husbands, and leaders. Together we help each other find our mission and confirm our lives to Christ and the Order's principles of Charity, Unity, Fraternity and Patriotism. When we lead in this way we experience fulfilment, relationships improve and others follow.

Scan for more information--->



What's In This Month's Issue:

- Fish Friday Dinners
- Upcoming Events
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- Grand Knight's Note
- Men's Health Clinic
- KOC Field Agent



LENTEN DINNERS SCHEDULE:

MARCH 3RD - MARCH 10TH - MARCH 17TH

MARCH 24TH - MARCH 31ST

Dinner includes:

Fish (Baked or Fried), French Fries, Hush Puppies, Cole Slaw, scalloped potatoes, bread & butter, dessert and a beverage.

Kid's Deal (under 8 years old)

1-Slice of Pizza **OR** Mac-n-Cheese Cookie & a drink

ADULT = \$14.00

CHILD (15-9 yrs) = \$9.00

Kid's Deal (8 yrs. & under) = \$4.00

Scan QR Code for tickets --->

- OR -



Buy your tickets online!

FOR MORE INFORMATION VISIT: www.kocignatius.org

Upcoming Events

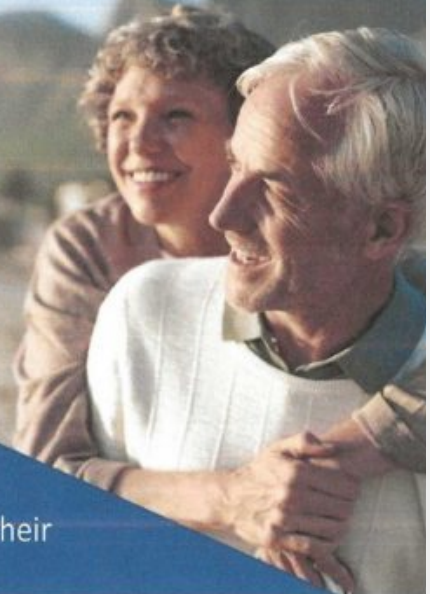


Ed Slott, America's IRA Expert, presents

Retirement Savings and Distribution Planning

Ed Slott, CPA

is a nationally recognized speaker, television personality & best-selling author known for his unparalleled ability to turn advanced tax strategies into understandable, actionable and entertaining advice. Ed combines current research, in-depth expertise, and humor to teach viewers about the ins and outs of their retirements and distribution planning information.



invited to join our free virtual webinar featuring Ed Slott. Ed specializes in the latest retirement planning strategies and opportunities for 2023. Register today to reserve your spot.

March 2, 2023

7:30 PM EST

Date

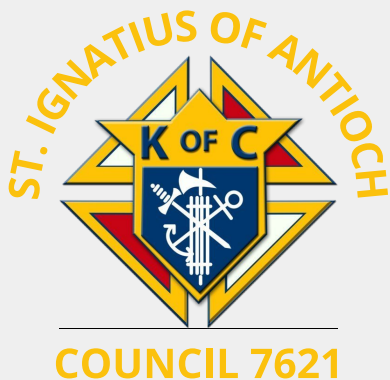
Time/Time Zone

<https://tinyurl.com/KofCSlottMarch2>

RSVP



Scan here



Knights Of Columbus Meeting

March 16th

Meeting starts at **7:00 PM** in the social hall

If you'd like to become an officer,
please contact **Don** at **727-514-0049**

Spiritual Reflections

by Fr. Joseph Paek
Chaplain Council #7621

Angels, God's love for us!

"See, I am sending an angel before you, to guard you on the way and bring you to the place I have prepared. Be attentive to him and heed his voice. Do not rebel against him, for he will not forgive your sin. My authority resides in him. If you heed his voice and carry out all I tell you, I will be an enemy to your enemies and a foe to your foes.["] (Exodus 23: 20-22)

When we were baptized, each of us received a guardian angel also. They are higher created spiritual beings. They are powerful and intelligent. They are our helpers who guide us to reach the Kingdom of God, Heaven! It is beneficial for us to have close relationship with our personal guardian angel in our lives. We need to be attentive to him and heed his voice. He is messenger of God who tells what God says for us. So we need to be mindful to listen to him for our own good. His purpose and mission is for us to make it to Heaven!

Our guardian angel gets assistance from other angels for our protection. There are nine orders/choirs of angels which revealed in the Bible. There are 1) angels, 2) archangels, 3) Virtues, 4) Powers, 5) Principalities, 6) Dominations, 7) Thrones, 8) Cherubim, and 9) Seraphim. What a love God has for us to assign a guardian angel and other angels' assistance for us!

God gives us every Grace we need to make it to Heaven with help of our guardian angel and other angels. Do we cooperate with His Grace to become holy for God is indeed Holy?! Do we keep His commandments in love? Do we love God with our whole heart and love our brethren as our Lord Jesus has loved us?! Let us ask Holy Spirit, who dwells in our heart, to help us in holiness and love. And also, let us ask Holy Spirit to teach us how to discern the voice of our guardian angel so that we follow God's Word! Our guardian angel, thank you for your faithful service and friendship for us!

My Guardian Angel, Joe!

My guardian angel, Joe!
You are all around me!
You are above me, looking down for protection!
Your wings spread all over me against the Evil One!
You are on my right side as a shield!
The shield stops the arrows of demons!
You are on my left side as an armor!
The armor is like mighty fortress to stop the enemies!
You are below me, looking up for protection!
Your wings lift me up and carry me to the safety!
My guardian angel, Joe!
I am grateful for your protection!



District Deputy Note

District 37

Sir David Creamer



Brother Knights,

As we roll into the blessed season of Lent, let us keep in mind what we are supposed to be accomplishing. Through our actions, whether it be in prayer or through acts of kindness in helping others, we are to prepare ourselves to be in the most pure state of mind and body so as to be able to accept our Lord's greatest gifts, His love and of a future beyond this one.

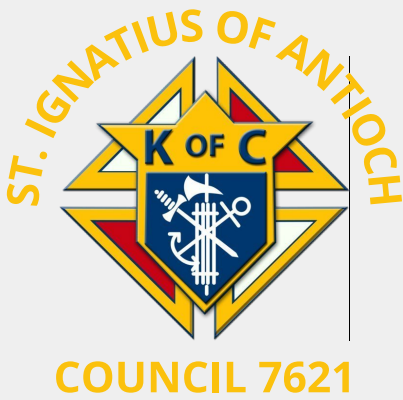
As we proudly stand at funerals for our Brothers and friends, let us be happy that they are a step closer to realizing this future of eternal life that we are working towards. We may be saddened at these occasions or bothered by having to spend time helping others, but this is how we as Catholics prepare our way to God.

As Knights, we are able to do acts which others can see and follow in our footsteps. It is important to show these acts, along with our private prayers, to be ready for our turn at eternal life when God calls for us. But meanwhile, we must do our duty and lead others by example to help them achieve this goal also of being closer to God. It is the ultimate gift that Jesus died for which we must show that we appreciate His sacrifice and further ourselves along in achieving it.

Vivat Jesus!

David Creamer

District Deputy 37



Grand Knight's Note

Council #7621

Sir John Donnell



My fellow Brothers,

With the symbol of ashes, the season of lent began.

Historically it was recognized as a period of preparation for Baptism for those Christian's who had a calling. They were to spend 40 days of prayer and fasting in preparation for their baptism. The powerful significance for them was to ready themselves to practice for their work as a Christians

More recently, due to the practice of infant Baptism, the church adopted the Lenten period as a time of self-examination and renewal for those who are practicing Christians.

Today, in celebration of Lent we renounce the consequences of sin and focus on resurrection of Jesus Christ as our redeemer and savior. Through his sacrifice we are liberated from sin; through him we hold fast to hope for eternal life.

God Bless you all,

Sir John Donnell
Grand Knight
Council #7621

Advent Health & KOC Men's Health Clinic

Held at St. Ignatius Social Hall

January 28, 2023



Thank you to all the volunteers and Doctors who helped so many Men for FREE!!!

A Message from our Field Agent

March arrives and Lent begins on the very next day, March 2. We all know that Lent is the time of preparation for Easter. It begins on Ash Wednesday and ends with Holy Thursday. In order to prepare to celebrate the Lord's resurrection, we are to exercise self-control and self-denial by fasting. We are encouraged to encounter Christ in the reading of Scripture and we are to serve others by the giving of alms.

When I was a kid, the "go to" self-denial was giving up chocolate...made those chocolate Easter bunnies most tasty! I think a lot of us are creatures of habit when it comes to self-denial. We continue on the same path, "giving up" the same things each year. Although self-denial is important as a practice, I've gotten a little older and a bit more introspective. I try to think of positive things to do rather than what I want to give up. Here are some of the things on a personal level that I'm going to try: Devote some time each day to reading Scripture. I'm not going to read whole books or commit to something I can't achieve, but for 10 minutes each day I'm going to read the Good Book. I think reading scripture every day is good habit to nurture.

Rather than "giving up" I'm going to try to "give away." It doesn't help anyone...other than me...if I give up chocolate again this year. But if I give away to the poor, that can have a positive effect on me and on someone else. God has blessed me with so many material blessings I can afford to part with some. And that includes money. I'm determined to be more generous this Lent.

As men of faith let's take advantage of some of the many program offerings during Lent. Some of these programs are done diocesan-wide, some at the local parish level, and many councils have special programs for prayer and reflection. If you are able perhaps you can lead or help lead a program at your council. I know for me, being involved with other men of faith strengthens me.

As we prepare spiritually for this new liturgical season of Lent, don't forget the temporal. Tempus fugit, memento mori! I am honored to carry on our blessed founder's vision of protecting Catholic families.

Vivat Jesus!

Thomas Spinelli



**Knights of
Columbus**

Thomas Spinelli, FICF
Field Agent

Phone: 352-895-8586
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**Life Insurance • Long-Term Care Insurance
Retirement Annuities • Disability Income Insurance**

Protecting Catholic families since 1882.